



Gail Ostrishko

CPHA • Facilitator
Speaker • Author • Coach

GailO.com

919-779-2772

"Gail has shown me the value of being myself, to appreciate my abilities and talents, to find areas in work and life that feed my spirit, as well as my belly."

—Eric Crump

Trying to Figure Out Who to Be When You Grow Up? *Join the Club !*

ARE YOU...

- In high school or college feeling frustrated and pressured to choose a college and/or major?
- In graduate school seeking to confirm your current academic path?
- Having difficulty finding a first-time job that fits "who you are"?
- Seeking a structured process that results in clarity, focus and direction regarding selecting a college, major and/or best-fit career path?
- Eager to connect with others in the same boat?

If you've answered YES!...Don't Miss The Highlands Ability Battery Combined with a Career and Life Defining Workshop!

Saturday, September 26, 2009 • Durham, NC • 2PM to 5:30 PM

Thousands of young people, just like you, have taken **The Highlands Ability Battery** to understand, articulate and assimilate their natural abilities as a foundation for selecting a best-fit major, college and career path.

The Battery is unlike any other assessment tool available. This collection of 19 unique timed work samples, taken on your own computer, provides permanent baseline data regarding your natural hardwiring. Due to its depth, the instrument takes three hours to complete.

Your comprehensive personalized report, combined with a two-hour interpretive feedback session, will prepare you to select a vocation and/or areas of study that lead to a fulfilling and rewarding career. This is a giant step in a **dynamic proactive life-long process of life and career planning.**

Investment: \$695—Highlands is a one-time career tool; your hardwired abilities do not change over time. This workshop includes:

- The Highlands Ability Battery, 35+ page report
- Personalized two-hour interpretive feedback session
- Half-Day Interactive learning experience
- One-hour follow-up career coaching session
- Values and interests self-assessment

Space is limited so enroll today! Contact Gail Ostrishko or Cindy Valliere—experienced Highland's affiliate co-facilitators—for details. View a sample Battery at Gail and Cindy's websites.



Cindy Valliere

CPHA CPVA CPBA
Career & Life Coach

InventYourLife.com

919-294-4225

"Thank you so much for all you have done for me. I am now clear about what I want to do in the future. You challenged me to think about what I wanted out of life versus what other people wanted for me."

—Jen Bonilla