



**Gail Ostrishko**

CPHA • Facilitator  
Speaker • Author • Coach

**GailO.com**

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*"Gail has shown me the value of being myself, to appreciate my abilities and talents, to find areas in work and life that feed my spirit, as well as my belly."*

—Eric Crump

# Achieve Purpose & Passion in Your Career

## ARE YOU...

- In career transition?
- Wondering "What should I do with my life?"
- In a dead-end job?
- Fearful of layoffs, outsourcing and downsizing?
- Unsure how to leverage your strengths and abilities in your job?
- Wondering what you are really good at and love doing?
- Retiring and redefining your professional life?
- Facing "empty nesting", questioning what's next?

**If you've answered YES!...Don't Miss The Highlands Ability Battery  
Combined with a Career and Life Defining Workshop!**

**Saturday, August 28, 2009 • Durham, NC • 9AM to 12:30 PM**

Thousands of people, just like you, have taken **The Highlands Ability Battery** to understand, articulate and assimilate their natural abilities in their work and lives.

The Battery is unlike any other assessment tool available. This collection of 19 unique timed work samples, taken on your own computer, provides permanent baseline data regarding your natural hardwiring. Due to its depth, this instrument takes three hours to complete.

Your comprehensive personalized report, combined with a two-hour interpretive feedback session, will prepare you to identify roles, arenas and environments that are most conducive to your satisfaction and productivity. This is a giant step in a **dynamic proactive life-long process of life and career planning.**

Investment: \$695—Highlands is a one-time career tool; your hardwired abilities do not change over time. This workshop includes:

- The Highlands Ability Battery, 35+ page report
- Personalized two-hour interpretive feedback session
- Half-Day Interactive learning experience
- One-hour follow-up career coaching session
- Values and interests self-assessment

**Space is limited so enroll today! Contact Gail Ostrishko or Cindy Valliere  
—experienced Highland's affiliate co-facilitators— for details.  
View a sample Battery at Gail and Cindy's websites.**



**Cindy Valliere**

CPHA CPVA CPBA  
Career & Life Coach

**InventYourLife.com**

**919-294-4225**

*"My relationship with Cindy has been transformational. She has brought out the best in me. I have taken quantum leaps in the area of confidence and clarity. I'm a different person, but more myself than ever."*

—David Stanley